

GO ORANGE DAY!

IT'S ALL ABOUT SAFETY.

Monday, DECEMBER 8TH, 2025



DECEMBER 1ST - 7TH IS NATIONAL HANDWASHING AWARENESS WEEK

The week of December 1st – 7th is National Handwashing Awareness Week. Cold and flu season has already begun, and handwashing is key strategy to preventing the spread of illness. Wash your hands before and after preparing food, before eating, after using the restroom, and after handling potentially infectious materials. When washing your hands, be sure to use soap and wash under water for at least 20 seconds, following this with a clean, dry towel to dry hands.

Handwashing prevents more than cold and flu infections. The Centers for Disease Control and Prevention (CDC) estimates that effective handwashing can prevent 1 in 3 diarrhea-related illnesses as well.

Did You Know? A typical human sneeze exits the body at about 200 miles per hour and emits around 40,000 droplets into the air! To prevent the potential spread of infection, catch that mess in a tissue and not your hands.



WINTER WEATHER PREPAREDNESS TIPS

December is also the perfect time to make sure you and your household are prepared for winter.

Home heating systems should be inspected and primed with a fresh filter. Drain exterior faucets and hoses and insulate exposed pipes to prevent them from freezing and bursting. Sign up for weather alerts in your area so you know what to expect.

Before you hit the road, top off your car's fluids, including antifreeze, windshield wiper fluid, gas, and oil. Inspect tires for appropriate tread. Vehicles should be equipped with windshield scrapers, a flashlight with extra batteries, jumper cables, blankets, and a portable charger. Having a few extra shelf-stable snacks in the glove box can be extra important if your vehicle becomes stranded.

Make December your month to become winter ready!

ATTENTION EMPLOYEES!

*Employees may wear their orange shirt and jeans or their regular uniform on this day.

*GO ORANGE days are not a dress down day, so union shirts are not permitted on these days.

*If an employee does not have an orange shirt that Topeka Metro provided you, let your supervisor know as soon as possible!

*Other orange tee shirts that are not Topeka Metro-issued are not permitted.